

Kent Mountain Adventure Center
Cliff Camping Clothing and Equipment List

While Cliff Camping is a unique activity, the clothing and equipment list is very similar if one were bivouacking in the mountains for a night.

The Estes Park valley and surrounding mountains can have temperatures in the 80's in the day to below freezing at night. Although most days are pleasant, be prepared for rain, snow, wind, and cold, as well as hot temperatures. KMAC provides all of the participant's technical climbing equipment; however, you must provide personal clothing items. If you have difficulty finding items or if you have a question, please call.

KMAC provides each participant with the following items:

sleeping bag	harness	helmet	hand sani
belay device	locking carabineers	ascenders	eating utensils
water bottles	poop kit/wag bag		

Participants may use their own equipment from above however these items must be OK'd by KMAC guides prior to outing.

KMAC also provides:

Porta ledges, cook kits, stove, fuel, food, snacks, large water bottles,
All technical wall gear including ropes, tethers and webbing

You must provide:

- comfortable walking shoes such as sneakers
- cotton synthetic socks (1 pr)
- wool or synthetic heavy warm socks (1 pr)
- comfortable, non-restrictive pants or tights
- mid weight pant (pile or other synthetic)
- rain pants (waterproof or waterproof breathable)
- synthetic long underwear top
- mid weight top (polypropylene, pile, or other synthetic)
- heavy weight top (wool, polypropylene, pile, or other synthetic)
- rain jacket (waterproof or waterproof breathable)
- warm gloves (1 pr)
- wool or fleece hat (1)
- sun hat (baseball cap with visor works well)
- shorts (1 pr)
- t-shirts (1) - cotton is OK
- toothbrush and other personal toiletries
- sunglasses
- sunscreen, lip balm (SPF 15 or greater)
- head lamp
- day pack (small backpack or rucksack) for carrying rain gear, lunch, water and climbing gear to each site

Optional Items: Goose down jacket (puffy) or equivalent, cameras (Go Pro work great), binoculars, phone, book or magazine

All personal equipment will be inspected by KMAC guides for suitability. Keep in mind that climbing can be hard on clothing and equipment.